

**NC CCR&R School Age Quality Improvement Project**  
**School Age Education Specialists**  
**Standardized Training Descriptions**

**CEU Learning Events –**

**Note:** Those participants receiving CEUs can also count these hours as DCDEE training credits.

**1. BSAC (Basic School Age Care) - .5 CEU**

BSAC (Basic School Age Care) is a 5 hour introductory level training event for school age care professionals that are new to the field. The training includes the following modules: 1) Health, Safety, & Nutrition, 2) Environmental Design, 3) Child/Youth Development 4) Developmentally Appropriate Activities, 5) Guiding Child Behavior, and 6) Quality School Age Care. This training is required by the NC Division of Child Development for school age care professionals working in licensed programs but is a great training for new staff in any afterschool program setting.

**2. Introduction To Inclusion With Respectful Accommodations In School Age Programs – .5 CEU**

An overview of inclusion is presented that includes a basis of the history of support for school age children with disabilities (medical model vs. empowerment model), and with a philosophy of inclusion. Person-first language and benefits of inclusion are covered. Following the introduction, learn how to make your program accessible to children with disabilities with creative and responsive accommodations. Find out what constitutes a “respectful accommodation” so that school age children can participate in community programs. Specific examples of accommodations for school age children who have various types of disabilities are included.

**3. Partnering With Families Of School Age Children To Support Positive Behavior - .5 CEU**

The fact is that all children display some type of behavioral challenge. However, some children have a more difficult time managing their behavior, which may be related to a disability. We will focus on how to prevent negative behaviors before they occur and how to create environments that offer positive behavior support to school age children. As school age children come to your program attached to a family unit, communicating with parents will set up a relationship for success when challenges do arise. Learning to create partnerships with families will help you provide the best service to all children.

**4. B.R.A.I.N. Waves: Are School Age Girls & Boys Really Different? - .5 CEU**

Explore the inner working of the minds of school agers and how the brain develops. Gain knowledge on areas and functions of the brain, the sequence of brain development in school age children and how that affects their overall development. Explore similarities and difference between genders as they grow and development. Link learning styles and brain development. Gain a more in-depth understanding of why boys are the way they are and why girls aren't like that at all!

**5. B.R.A.I.N. Waves: What The School Age Brain Really Wants!- .5 CEU**

Are you looking for ways to engage and entertain the students in your class or group? Using knowledge of what the brain needs and enjoys, learn how to employ simple strategies into your program to grab students' attention and keep them coming back for more! Help your kids be successful by discovering the basis behind school day learning, incorporating the concept into the afterschool program, but making it experiential and fun for everyone!

**6. Creative Program Planning – School Age Style! - .5 CEU**

Have you ever spent hours creating activity plans for your school agers just to be disappointed that they weren't interested in what you had planned? School age programs support their commitment to children by providing meaningful child centered learning opportunities. Providing quality learning experiences requires purposeful planning. This learning event will include tools, tips and strategies to create a fun and motivating learning environment that engages the children in the planning process. When school agers are involved in planning their own activities, they are excited about participating and learning!

**7. School Age Behavior: Construction Zone or Obstruction Zone? - .5 CEU**

What is challenging behavior and what does it look like in the school age child? This session provides an opportunity to reflect on school age child behavior and identifies causes of challenging behavior. Examine positive ways to modify challenging behavior in school age children through building positive relationships. Identify and develop strategies that begin to build a program that embraces positive strategies towards challenging behavior in fun and exciting ways!

**8. School Age Behavior: Obstruction Challenges To Construction Cheers! - .5 CEU**

Do you want an environment that supports school age children's interactions with not only you but the children around them in positive and meaningful ways? Create an environment that promotes positive engagement, visual prompting and effective materials! Explore ways to prevent and cope with challenging school age behaviors and learn teaching replacement skills that will ensure success! ***Note: It is a prerequisite for participants to complete 'Construction Zone or Obstruction Zone?' before attending this event.***

**9. SACERS: Never Let 'Em See You Sweat - .5 CEU**

This learning event provides an in-depth look at school age environments, the importance of interaction, materials, and indicators in the SACERS assessment. Feel prepared and equipped with knowledge, tools, and strategies to produce a successful SACERS score and create an environment that is both appealing and appropriate for the children and the staff. Scared of the dreaded interview? Fear no more!!! Practice here. Participants will engage in strategies and activities that relate their environment to the NC Common Core state standards as well as meet the SACERS requirements.

**What's NEW: Coming July 2012.....**

**10. Managing Conflict In Afterschool: Take A Stand! - .5 CEU**

Conflicts and disagreements inevitably arise in afterschool settings. Differences of opinion, belief systems and personality style enhance the likelihood of conflict. The key to maintaining a safe and healthy afterschool environment is resolving conflict constructively. Participants will learn practical strategies and activities to use in their programs to help resolve conflict. This learning event will use the new enrichment curriculum developed by 4-H, Take A Stand! as a resource for professionals to use in their programs.

**11. Bullying: Every 7 Seconds - .5 CEU**

How often are school age children bullied by others? Current information suggests that it happens every 7 seconds! Do you ever wonder if what you are observing is just 'kids being kids' or if intervention is needed? Do you know the difference between teasing vs. bullying? Tattling vs. telling? Learn how to tell the difference, address the situation and use practical strategies to create a peaceful school age environment. Find answers on how to help not only the targets of bullying but also the students who are engaging in bullying.

**Look for more new CEU events to be offered soon or contact the Education Specialist serving your area for more information.....**

## **DCDEE Training Credits Contact Hour Workshops -**

### **1. School Age Transition Activities at Your Fingertips – 2 DCDEE Contact Hours**

You have the key, so unlock your creativity by planning and scheduling fun, innovative transition activities! Transitioning is one of the most important but, often ignored components of a school age classroom schedule. This interactive workshop will focus on identifying transitions in your daily schedule and exploring some new transition activities your children will enjoy.

### **2. EmpowerME4Life – 2 DCDEE Contact Hours**

Are you concerned about the obesity epidemic that is affecting our children? Want to learn strategies that you can implement in your program to provide your kids with the tools they need to combat this growing problem? EmpowerME4Life is about healthy living and equipping school age kids with new attitudes, skills and knowledge about eating better and moving more. Incorporating these ideas into your afterschool program will ensure that your kids are having fun eating better and being more active.

### **3. Building Relationships with School Age Children and Youth Who Challenge Us – 2 DCDEE Contact Hours**

Have you ever been secretly pleased when a child in your school age program is absent? Do you ever struggle with how to build a relationship with this child? Some children are more difficult than others and challenge us on a daily basis. Explore temperaments that are unique to all of us and how these differences affect our relationships. Leave with an easy action plan that works to meet each child's needs!

### **4. Building School Age Communities: Making Every Child Count – 2 DCDEE Contact Hours**

Sarah seems different from the rest of the children in your group and other children tend to exclude her from group play. Does this scenario sound familiar? Learn how to bring out nurturing, caring behaviors in children so that they ALL support each other. Participants will analyze themselves and their children to determine character strengths that will ultimately lead to building an inviting and caring school age community.

**Look for more new DCDEE contact hour events to be offered soon or contact the Education Specialist serving your area for more information .....**